

Have a go reading...

Tracey asked about her ex-husband, and father to her children. He's in another relationship but she wants to know if he's emotionally stable and has moved on from her.

I am happy to read for this as it directly relates to Tracey. I need two spreads to look at this. Reflection to see if he is emotionally stable, and then a relationship spread.

Reflection spread. Tony is in a relationship and has been for two years. Based on this spread does he seem happy in his relationship? Does he seem emotionally stable? How would you describe his psychological state to Tracey?



I would say obviously he's not happy with the 5 cups as the first card. With the 2 of pentacles at the bottom of the deck he may be thinking about another woman- and with grief as the main card this may or may not be Tracey. I wouldn't say this without looking at the next spread though.

He feels lonely to me- the 9 of pentacles can be loneliness if indicated by other cards (5 cups/3 swords) and he feels either angry or impatient about something (knight wands). I'd be worried the unexpressed sadness (3 swords crossing) could come out as anger.

The past (king pentacles) present (5 cups) future (strength) is interesting. It suggests he was happy- but was that with Tracey? And he will be seeking support/comfort- I'm worried (2 pentacles) that might be from another woman which could indicate instability.

I wouldn't mention the concept of another woman (which could be Tracey) at this point, but I would say he feels unhappy, that he may have anger issues due to unresolved emotions, and he doesn't feel settled or stable.

The big question is where his emotions lie when it comes to Tracey, and will this impact her, it is the connection between the first and second spreads that allow us to understand this.

Where Tony is the 9 swords, Tracey is ace pentacles.



And clearly we have repeat cards, cards to do with mental health issues, and the instability of the knights swords/wands (not a good combo) and the page swords.

How does Tony feel towards Tracey?

How does Tracey feel towards Tony?

What advice would you give Tracey?

That knight of wands crossing is either anger or passion- possibly both. It is repressed- even though (1st spread) Tony is aware of it. So he may still have unresolved emotions towards Tracey that he is not fully aware of- and that would make him unstable.

The 9 of swords continues the idea that he is not in a good place, and the 7 of swords suggests he may be weaponizing his emotions towards Tracey, blaming or scapegoating her for what is wrong in his life.

Tracey has things she wants to say to Tony, and I think (ace pentacles) she wants to have her say to get some closure and move on. Based on this spread I would advise her against this as Tony may lose his temper.

I feel Tracey is waiting (hanged man) to have her say to get the closure- I would advise her to find other ways to get closure.

The fool in their past may suggest they were deeply in love (fool can be falling in love) or it may suggest the relationship changed direction when Tracey fell pregnant, possibly both.

The page suggests a connection through their children.

And there is that 2 of pentacles that bothered me in the first spread.

I believe Tony is unhappy, has unresolved emotions towards Tracey, could be volatile, and may even suggest trying again.

I think Tracey has moved on but is hoping for closure from Tony.

The page of swords suggests this could easily descend into arguments or test wars.

My advice to Tracey is that Tony is not happy and blames Tracey for that- he hasn't moved on emotionally. I advised her to be calm, give no emotional reaction, and always deal with him in a calm way with careful boundaries.

Let's go deeper....

Can you see the shadow work in this spread?

Notice how the knight of wands moves from Tony's conscious mind to his crossing card. He knows he feels angry, but he doesn't coconsciously understand he is angry towards Tracey.

Notice how the 3 swords- unexpressed words in Tony's reflection spread moves to the 9 of swords when it's his relationship spread.

He is trapped by his unexpressed anger, possibly repressed sexual feelings, and unexpressed words. His unexpressed words are creating a mental cage.

The movement of the 2 of pentacles was a perfect example- I felt it meant Tony still had feelings towards Tracey- but needed to see the second spread to be certain as they are repressed and in the shadow. I imagine Tony doesn't understand this about himself.

Tracey?

Well we only have one spread, so lets add another to see. Tracey's reflection spread looking for connections to her feelings for Tony.



Tracey seems happy, settled, calm, processing (4 swords/sun/star).

The knight of swords is now the ace of swords that is crossing- so there is an indication she may have unspoken things that could come out in an argument (knight swords). It's as if she is calm but feels she hasn't had her say yet- and based on Tony's reading probably never will.

But there seems to be less shadow work connected to Tony than Tony has connected with Tracey.