

Tarot Magic

I'm so excited to share this concept with you!

It based on three principles.

(I may switch between “you” and “client” this can be used whether reading for yourself, or someone else.)

1. If you are in a very negative mental space, or genuinely believe there is no way forward- it can be hard to read for more positive futures.
2. If your unconscious can “read” the symbols in a tarot card, then you can use the symbols in a tarot card to programme your unconscious.
3. There is always a way to use the Tarot to improve our/client's mindset- its just sometimes we have to be more creative!

And that is where “Tarot magic” comes in.

Tarot magic is the act of consciously choosing cards, rather than shuffling and reading the cards as they come. You'll find a video and audio to support his as well.

At its simplest (because it is a deeply complex topic!) magic is using our focused intent to create changes in the physical world.

The intent itself doesn't create the change, we have to act upon that intent, or as I like to say “God moves mountains- but you'd better bring a shovel”.

You are looking at the cards to change your unconscious, to better believe in whatever you are trying to achieve.

It can be hard to break old habits.

Many of our habits have been with us for a long time, and we may have lost the memory of why we do things in a certain way. Many of our habits will be rooted in our family, our partners, or moments of survival when we needed to do something a certain way to feel safe.

And habits form our life- because our conscious mind cannot make the millions of small decisions it needs to.

So, our unconscious mind (where the auto pilot of habit resides) is the best place to focus our intent. And the unconscious mind works more strongly with image than words. So Tarot (rune/symbol) magic can be even more powerful than affirmations.

Our unconscious wants to preserve our ego (and ego is not a totally bad thing- we all need a sense of self) so the unconscious will filter our experiences to make it easier to register what we expect to experience. (I have some shocking personal experiences of this confirmation bias that I share in the audio.)

Put simply- if you expect to fail at something your unconscious will prioritise information and habits that support your expectation (failure) making it 100 times harder to succeed in something. Even if you really want to succeed)but you expect to fail.)

Vision boarding with Tarot

Perhaps the simplest way to do this is to create a vision board, or add Tarot cards to your altar. It's important that where ever you place this Tarot montage you SEE IT regularly. Its not a case of creating a beautiful montage- then putting it away and thinking it's done!

1. Mind map, reflect, consider. What is it you would love to bring into your life? (remember free will is a divine right- so no focusing on named others without their full permission).
2. Go through your cards- you may find some cards are a clear no, and quite a lot a maybe. Take time on this, if need be, days (or weeks)
3. Finalise a small number- I would suggest no more than 10. Try and create a balanced narrative that really reflects your hopes.
4. Now collate these cards in a way and place that allow you to see them regularly. They may be your scree saver, on your altar, stuck into your bedroom mirror, or framed (!)
5. You can use one card, and change it quite regularly to best suit what you need. Or take the time to create a larger Tarot vision board.

6. Allow yourself to see the card/s, and for the information to sink into your unconscious.

Shaping a Tarot reading with “magic”

Sometimes I'm doing a spread and there is just no way through my/clients mental block. Which ever way I read the outcome is disastrous!

If I'm reading for a client, I can usually pick this up pretty quickly, and I will subtly move from Tarot reading to Tarot creating- because my job is to help, not reaffirm that they are totally mentally blocked in a situation.

If you are doing this for someone else its important to have a smooth narrative. And this is where knowing every card in detail really will make a difference.

1. Choose one negative card that is standing as a block in the reading. (Let's choose the Devil).
2. Look through the cards to find an image that will help your client understand the blocking card (In this case the Lovers- where the focus is on making a choice). Compare the images and help your client to see the point of learning.
3. Now your client is accepting of the value of you choosing cards- go ahead and choose a few more to add to the spread, explain the wisdom of each card. (Perhaps for the moon- fear, choose the sun- safety. You could talk about the sunflowers, and how its OK to have needs in life, and to meet them).

It needs to be a subtle shift, but I have used this technique when a client is really blocked, or if I believe a client is in a very vulnerable situation.

Sometimes (especially when reading for myself) I will do it with humour. A sort of “fuck you” if I need to have the Tower- then I will pull the 10 of pentacles (you've seen the Tower in the 10 of pentacles...) and follow that with the Ace of pentacles- every ending leads to a new beginning.

Seeing it laid out can be easier to grasp than thinking it through!

Magical Tarot reading spreads

- Maybe you aren't keen on prediction.
- Maybe you're reading for you, and know you don't believe your dream is possible.
- Maybe you have a regular client you know is vulnerable.

Then a magical Tarot reading spread is a great way to read. This is one spread- obviously there are many variations!

- Choose your outcome.

If you are working with a client you may want to spend time listening to their hopes, then choose 3 cards for/with them to reflect their hopes.

Place these 3 cards in the outcome position (7,8,9).

- Then shuffle the remaining cards and read for;
- Where am I now (1,2,3)
- Practical advice to get to my chosen outcome (4,5,6)

You'll see me using this spread in the video, here is my spread for my business, which I have included in my "spreads to try" part of the course.

