

### **Reading one:**

I'm still struggling to balance work/rest and burnout. Something is blocking me from making sensible choices when it comes to work/rest.

I have done a 9 card reading which I will share with you when you ask.

Cards 1-3, root, what is blocking me.

Cards 4-6. Practical advice, what should I do?

Cards 7-9. Likely outcome.

Feel free to use which ever spread/s you think best suit you, and to carry out an email reading for me on this topic.

Try and gauge what is the psychological block that is keeping me in overwork, and what benefits working through this would bring me.

*Please send me your reading, remembering it may well take a different perspective to my own. Two people can have different readings, yet still be right!*

*I will offer honest feedback about your reading, and email you mine.*

### **Reading two:**

Isabel has invested some money with a business colleague, and has now found the colleague is a serial fraudster.

Isabel comes from a banking background and is well connected- she is working hard to track where her money is, and to build a case of fraud against the individual.

Will she get a good proportion of her money back this year?

*I have been one of a team of readers working on this case- and will email you my thoughts, and key cards I have been getting.*

**My shadow reading.**

So reminding you of the spread;

I know- page swords.

I don't know -9 wands.

Others see-10 swords.

Others don't see- 5 pentacles.



Now obviously this is a very focused spread, which is why I was so fascinated by it!

I would never use just this spread as there is no advice, though perhaps the fun is we should be able to read the cards and find the advice with out specific advice cards!

I was fascinated by how I see myself (page swords) with the birds of worry behind my head- not being fully aware of the extent of my exhaustion, which others perhaps see more clearly than myself (10 swords).

I am not fully admitting the state of my ptsd (10 wands), which often presents as hyper vigilance- which would then feed my overwork.

I have to admit this spread was a much needed wake up call for me, with the 5 of pentacles (lack, in this case "energy") to see these 4 cards so bluntly- I did spend a week napping, napping, napping after seeing this spread!

Sometimes the more difficult cards & spreads are what shock us out of the complacency, and show us what we really need to know.