

Over to you.

Personally connect with the wands

Get all 10 wands cards out, in order from ace to 10.

Think of a time when you experienced each card – seeing the cards reflected in our lives is the simplest way to build a personal relationship with the cards.

Psychic readings

I believe we are all psychic- though you don't have to use psychic readings to read Tarot well. If you are not interested in psychic readings you can leave this out -its fine.

There are lots of suggestions in this module- but streamlining them into one place:

- Do something to deeply relax yourself before a reading.
- Write your intention as to where the information comes from (or consciously choose to do a psychic reading).
- Take the time to look at each card in a relaxed state of mind.
- Focus on breath, breath in from the soles of the feet, and with every breath let go of stress and expectation.
- Know that for most of us, most of the time, the psychic whisper is quiet.
- Practice, practice, practice!

Where do you want the information to come from?

I find it fascinating to explore where the information comes from, and to realise you can choose where you would like the information to come from! If you feel drawn to ask the same question from different sources, and I have a video of me playing around with this concept.

Here are my current thoughts on this idea (still exploring myself)

- Higher guidance- your wiser self, always good advice.
- Collective unconscious/known field-good advice but can be influenced by world/local events.

- Spirit guides- wise advice but depends on your guides as to whether it is kind or designed for personal growth.
- Divine/universe- perhaps the best blend of wise and taking into account what is outside of your control (perhaps a blend of all the previous)
- Empathic- understanding how another is feeling. Useful, but not always helpful. (how we feel doesn't always reflect how we will act)
- Lost loved ones- perhaps a bit of a minefield if you are still grieving or have unresolved issues, so tread gently. It can be easy to have content bias and read what you hope/expect to see.

Root & Crown reading

I have a reading created for this module to explore your connection with your root, and your crown- there is a video on this module. Have a go- see how it works for you.

Intuition

It might be useful to journal, reflect, do readings to explore your relationship with your intuition. Perhaps consider:

- What does intuition/psychic connection mean to me?
- When have I just known things?
- Do I trust my intuition?
- What helps me to get into a state of mind where I trust my intuition?