

The Axis Mundi is using the physical world to reflect the non-physical world, allowing us to experience both at the same time. To journey whilst still in a mortal body.

We have the North star, or pole star, that is directly above the North Pole. As the earth turns on its axis, the North star stays in the same position whilst all the other stars seem to progress around it- the Grand Axis Mundi.

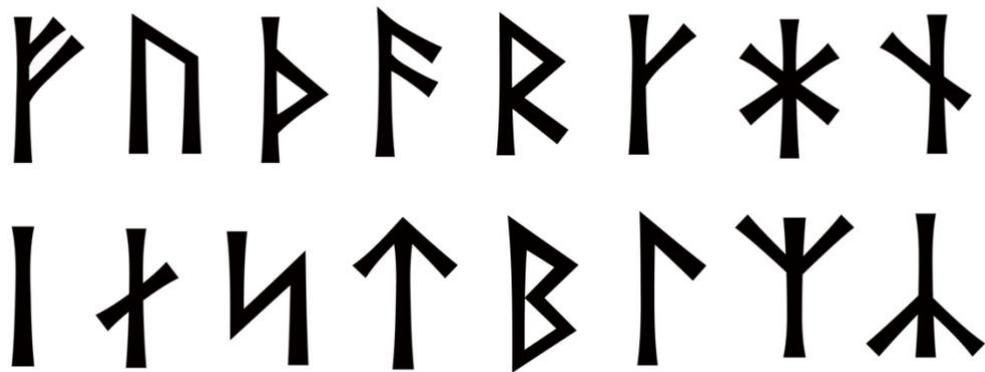
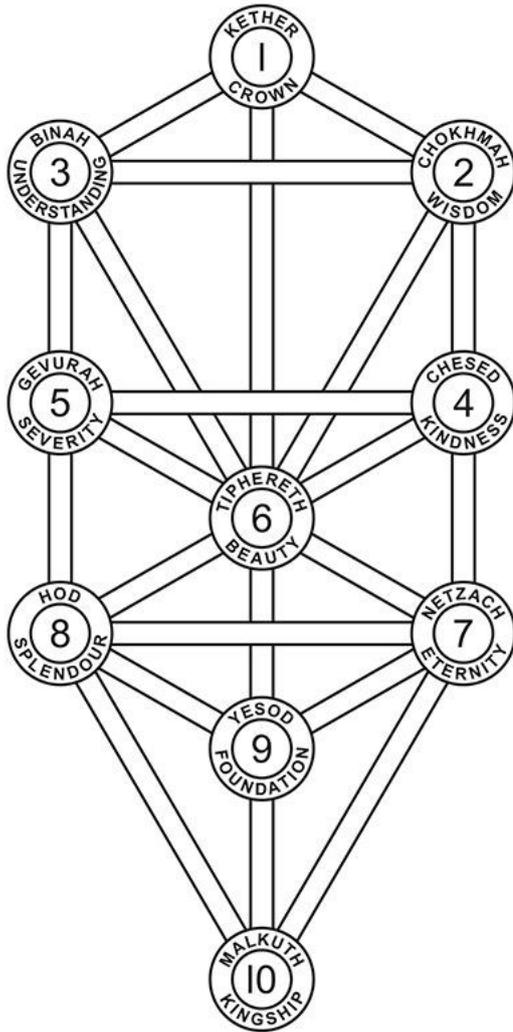
Our own body creates an axis mundi, linking us from the earth to the sky, and highlighting the powerful connection between the root and crown chakras.

Ancient myths talk about a world tree, world pillar, sacred pole, central pillar, cosmic mountain... Whether a culture was inspired by the central pole of their dwelling, a local mountain, or scared tree.. the link between cultures is the sacred nature of this axis mundi.

I am linking this with Thor (though it could be linked with almost any rune) because his father is the sky god, his mother the earth herself. As lightning he can be seen bridging the sky and the earth with tremendous power. When I draw the Thor's hammer as a blessing I draw a line down from the top to the bottom, then out to the left, across to the right, then down to the bottom. The important moment is the downward line.



This axis mundi can be seen in the Jewish tree of life, and each of the younger futhark runes.



If you want to explore the concept of the Axis Mundi more than look at the importance of the roots & leaves in a tree. Not just to keep the tree standing tall in strong winds, but how the roots and leaves are interconnected with water evaporating off the leaves drawing the water up from the roots.

When I visualise my axis mundi I consider something like this, where my soul space is the central space with in the donut. This illustrates beautifully how 'up' and 'down' can be accessed in a loop.

The details you see in your axis mundi may well reflect your cultural and spiritual background. It is the central pole between earth and sky that is the universal symbol.

