

Journalling points

Obviously these are scattered throughout the information, but I've collated some ideas here.

- Create a personal connection to the cards- who are you at work, with friends, when happy, when stressed? Who are your friends and family in the courts?
- Create fictional associations with the courts- link each card with a song, movie, fictional character, cocktail..... Its not being right or wrong- but having a reason why that you can explain.
- Read with just the courts for a while- looking at how you should best be, or to understand some one in your life.
- Focus on understanding the cards you don't like, or don't get. Make friends with those you don't like.
- Sit with the 16 courts. Appreciate just how different they all are.