

## Two main types of reading

Whatever the topic; from bit coin to race horses, house move to spirit guides- I have found there are two main types of readings.

1. Can you confirm that my intuition/thoughts/feelings are valid?
2. There is something I am not seeing- what is it?

The first type is often someone who has done a lot of personal work. They may read the cards themselves, or work with a therapist. They are pretty sure they understand the situation, or know what to do- but they just want that extra validation, to talk it through, or help to get their priorities in the right order.

These clients often comment that I've told them nothing new, but that its helpful to have talked it through- or had it validated from an external source.

Many of my regular clients fall into this category- valuing the honest guidance that gives them the validation to feel comfortable with their choices. We all need a little support along the way!

The second type may well express it as;

- "I'm at a cross-roads"
- "I'm feeling stuck"
- "I just don't know how to move forward"
- " I feel so blocked, and I don't know why"

If a client is coming to you and they don't have the answers- then on some level you will be doing shadow work.

They do have the answers, they do understand the situation. Its just for some reason they are blocking that part of themselves- and it is your job to find a way through that block to help them connect once more to their wiser self.

Remember to tread gently. They have blocked this self-understanding for a reason- perhaps self-preservation, to fit in, because they thought it was the right thing to do, it was how they were brought up.

Hold the Strength card as a model for this work. Be kind, be firm, be gentle.

I have had clients storm out, accuse me of being wrong, burst into floods of tears.

If someone isn't ready to hear something I do not think it is our job to push it.

If you trigger a crisis in someone because you pushed through with a truth they were not ready to process then you are causing harm- not helping.

Always ask the cards to show what the client needs to hear, that is subtly different to the complete truth.

The Ace of swords is truth- and it is a harsh, uncompromising card.

The Queen of Swords is truth, she looks away from you because she doesn't care about the impact of her truth.

The Kings of swords watches you, reads the room, places his sword to one side. He will adjust what he says to ensure you can process it.

Always hold client care, and the ability for your client to process the information as a gold standard. A good Tarot reading helps, empowers, supports- it doesn't trigger and traumatise.